

## Perianesthesia Exam Prep

This course is designed to prepare Surgical Technologists to take the CST exam and to demonstrate clinical competence and knowledge of practice standards.

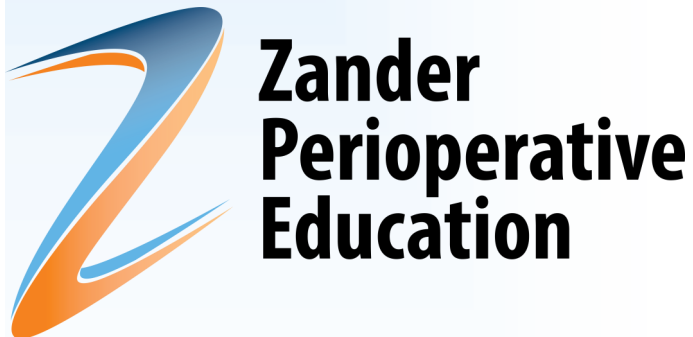
### Course Benefits:

You will learn strategies to help you feel less intimidated. Some simple tricks will help you identify the most likely answer to multiple choice questions even before you consider the content. You will leave with a personal study plan and take five practice tests over the one day course that will help boost your confidence.

This is a straight forward approach to the specific information you will need to successfully complete the CST exam. The content is based on AST recommended standards of practice. This very full day of information is presented in a relaxed, professional atmosphere, delivered with humor and real life events that help you to relate the Recommended Practices to your own practice. You will retain the information for the exam and for years to come.

AST does not approve contact hours for classes intended for non-certified Surgical Technicians.

Scan to Register



Zander Perioperative Education

239 Bradford Hill Rd  
Mills River, NC 28759

Phone: 803-271-0744  
E-mail: [wendy@periop-ed.com](mailto:wendy@periop-ed.com)

*After you attend, you'll receive 120 days of access to a recording of the class. If you need anything else along the way, don't hesitate to call or email!  
Wendy Zander.*



Presenter: Kathy Patenaude BS, CST, FAST

## CST Exam Prep and Review

Virtual Classroom  
August 23, 2025



*Professional Development for Perianesthesia Nurses*

## Day 1 August 23, 2025

### Eastern Time Agenda:

8:00-8:30 Test taking strategies  
8:30-9:00 Personal Study Plan  
9:00-9:30 PreOp Preparation  
9:30-9:45 Break  
9:45-11:00 Intraoperative Procedure  
11:00-11:30 PostOp Period  
11:30-12:00 Administrative & Personnel duties  
12:00-12:45 Lunch  
12:45-1:45 Sterile supplies and equipment  
1:45-2:45 Basic Anatomy  
2:45-3:00 Break  
3:00-4:00 Microbiology  
4:00-4:15 Pharmacology  
4:15-5:00 Wound Closure  
5:00 – 5:15 Course evaluation

\*Times are estimated.

On Saturday class begins at:

**8:00 Eastern**  
**7:00 Central**  
**6:00 Mountain**  
**5:00 Pacific**

The class is recorded. If you drop in a little late or have other obligations, don't worry. There is not a requirement to attend live. You will have access to the recordings for two months after class.

This is a live interactive class. We will meet in a virtual classroom. You will see and hear the class over your computer. You are able to ask questions by typing into a chat window. You take the same practice tests and just like the people who are sitting in the classroom.

We use Zoom to hold the class. You do have to have a broad band internet connection and speakers.

The hand outs and practice tests will be mailed to the address you enter into the PayPal site and should arrive within a week of registration.



Easy to follow instructions for attending class will come in your confirmation email once you register. This class will be broadcast live from **Columbia, SC**. You can take the same quality CST Prep course offered live without the time and expense of travel and hotel.

## REGISTER:

online at: [www.periop-ed.com](http://www.periop-ed.com)

Or detach and mail this form with payment to:  
Zander Perioperative Education  
239 Bradford Hill Rd  
Mills River, NC 28759

Name \_\_\_\_\_

E-mail address \_\_\_\_\_

Phone \_\_\_\_\_

## FEES AND DEADLINES:

Early Registration fee received by July 23 is \$200

Regular Registration Fee Jul 24-Aug 16 is \$225

Please make checks payable to:  
Zander Perioperative Education

## REFUND POLICY

Cancellations received in writing up to 14 days prior to class will receive a full refund. A 10% processing fee will be charged for refunds requested less than 14 days prior to class. Cancellation fee will be waived for tuitions transferred to another class. In the rare event that Zander Periop Ed must cancel, Zander Periop Ed's liability is limited to tuition.

Wendy Zander MSN/ED, RN, CNOR  
E-mail: [wendy@periop-ed.com](mailto:wendy@periop-ed.com)  
803-271-0744

**Virtual CST Course August 23, 2025**