

## Perianesthesia Exam Prep

This course is designed to prepare Surgical Technologists to take the CST exam and to demonstrate clinical competence and knowledge of practice standards.

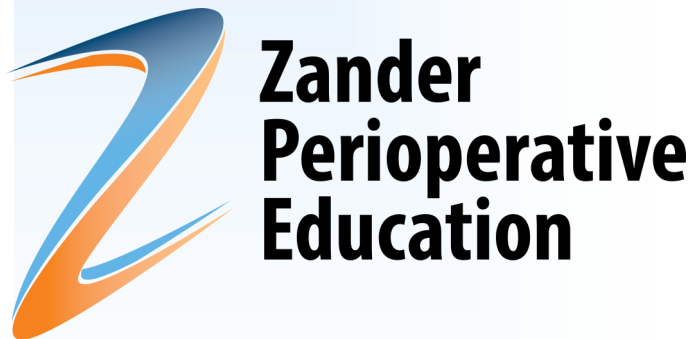
### Course Benefits:

You will learn strategies to help you feel less intimidated. Some simple tricks will help you identify the most likely answer to multiple choice questions even before you consider the content. You will leave with a personal study plan and take five practice tests over the one day course that will help boost your confidence.

This is a straight forward approach to the specific information you will need to successfully complete the CST exam. The content is based on AST recommended standards of practice. This very full day of information is presented in a relaxed, professional atmosphere, delivered with humor and real life events that help you to relate the Recommended Practices to your own practice. You will retain the information for the exam and for years to come.

AST does not approve contact hours for classes intended for non-certified Surgical Technicians. AST approved contact hours can no longer be provided for this course.

Scan to Register



Zander Perioperative Education

239 Bradford Hill Rd  
Mills River, NC 28759

Phone: 803-271-0744  
E-mail: [wendy@periop-ed.com](mailto:wendy@periop-ed.com)

*After you attend, you'll receive 120 days of access to a recording of the class. If you need anything else along the way, don't hesitate to call or email!  
Wendy Zander.*



Presenter: Kathy Patnaude BS, CST, FAST

## CST Exam Prep and Review

Amstutz building Rm 204  
Hudson Valley Community College  
Main Campus  
January 27, 2024



*Professional Development for Perianesthesia Nurses*

## Day 1 Saturday, January 27, 2024

8:00-8:30 Test taking strategies  
8:30-9:00 Personal Study Plan  
9:00-9:30 PreOp Preparation  
9:30-9:45 Break  
9:45-11:00 Intraoperative Procedure  
11:00-11:30 PostOp Period  
11:30-12:00 Administrative & Personnel duties  
12:00-12:45 Lunch  
12:45-1:45 Sterile supplies and equipment  
1:45-2:45 Basic Anatomy  
2:45-3:00 Break  
3:00-4:00 Microbiology  
4:00-4:15 Pharmacology  
4:15-5:00 Wound Closure  
5:00 – 5:15 Course evaluation

\*Times are estimated.

The main campus of the college is on Route 4 (Vandenburg Avenue) Turn into the road closest to the Bruno Stadium (you will see a parking garage). Turn into the road and enter the garage. If you park on the third level of the garage and use the walkway to enter the building, that will bring you into the FTZ (Fitzgibbons building) on the second floor. Once you enter the building walk straight then make a right.....keep going down the hallway and on your right you will eventually see a men's bathroom.....make the left hand turn down the hall in front of the men's bathroom....this is the AMZ or Amstutz building....look for room 204 .

This is a live interactive class. We will meet in a virtual classroom. You will see and hear the class over your computer. You are able to ask questions by typing into a chat window. You take the same practice tests and just like the people who are sitting in the classroom.

We use Zoom to hold the class. You do have to have a broad band internet connection and speakers.

The hand outs and practice tests will be mailed to the address you enter into the PayPal site and should arrive within a week of registration.



Hudson Valley Community College Main Campus  
80 Vandenburg Avenue  
Troy NY 12180

## REGISTER:

online at: [www.periop-ed.com](http://www.periop-ed.com)

Or detach and mail this form with payment to:  
Zander Perioperative Education  
239 Bradford Hill Rd  
Mills River, NC 28759

Name

E-mail address

Phone

## FEES AND DEADLINES:

Early Registration fee received by Dec 27 \$175

Regular Registration Fee Dec 28-Jan 20 is \$200

Please make checks payable to:  
Zander Perioperative Education

## REFUND POLICY

Cancellations received in writing up to 14 days prior to class will receive a full refund. A 10% processing fee will be charged for refunds requested less than 14 days prior to class. Cancellation fee will be waived for tuitions transferred to another class. In the rare event that Zander Periop Ed must cancel, Zander Periop Ed's liability is limited to tuition.

Wendy Zander MSN/ED, RN, CNOR  
E-mail: [wendy@periop-ed.com](mailto:wendy@periop-ed.com)  
803-271-0744  
Troy, NY January 27, 2024