

## Perianesthesia Exam Prep

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This course is designed to prepare Surgical Technologists to take the CST exam and to demonstrate clinical competence and knowledge of practice standards.

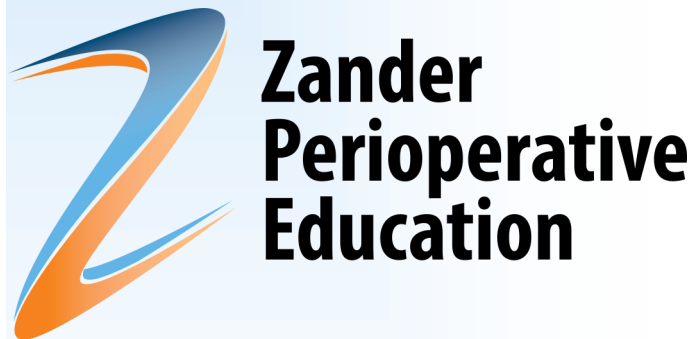
### Course Benefits:

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You will learn strategies to help you feel less intimidated. Some simple tricks will help you identify the most likely answer to multiple choice questions even before you consider the content. You will leave with a personal study plan and take five practice tests over the one day course that will help boost your confidence.

This is a straight forward approach to the specific information you will need to successfully complete the CST exam. The content is based on AST recommended standards of practice This very full day of information is presented in a relaxed, professional atmosphere, delivered with humor and real life events that help you to relate the Recommended Practices to your own practice. You will retain the information for the exam and for years to come.

AST does not approve contact hours for classes intended for non-certified Surgical Technicians. AST approved contact hours can no longer be provided for this course.



Zander Perioperative Education

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239 Bradford Hill Rd  
Mills River, NC 28759

Phone: 803-271-0744  
E-mail: [wendy@periop-ed.com](mailto:wendy@periop-ed.com)

*After you attend, you'll receive 120 days of access to a recording of the class. If you need anything else along the way, don't hesitate to call or email!  
Wendy Zander.*



Presenter: Kathy Patnaude BS, CST, FAST

## CST Exam Prep and Review

Santa Barbara Cottage Hospital La  
Cumbre Conference Room  
October 14, 2023



*Professional Development for Perianesthesia Nurses*

## Day 1 Saturday, October 14, 2023

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8:00-8:30 Test taking strategies  
8:30-9:00 Personal Study Plan  
9:00-9:30 PreOp Preparation  
9:30-9:45 Break  
9:45-11:00 Intraoperative Procedure  
11:00-11:30 PostOp Period  
11:30-12:00 Administrative & Personnel duties  
12:00-12:45 Lunch  
12:45-1:45 Sterile supplies and equipment  
1:45-2:45 Basic Anatomy  
2:45-3:00 Break  
3:00-4:00 Microbiology  
4:00-4:15 Pharmacology  
4:15-5:00 Wound Closure  
5:00 – 5:15 Course evaluation

\*Times are estimated.

Free parking is available on the top level of the Pueblo parking structure across the street from the hospital

Check in at the front desk in the lobby. They will give you walking directions to the La Cumbre Conference Room

This is a live interactive class. We will meet in a virtual classroom. You will see and hear the class over your computer. You are able to ask questions by typing into a chat window. You take the same practice tests and just like the people who are sitting in the classroom.

We use Zoom to hold the class. You do have to have a broad band internet connection and speakers.

The hand outs and practice tests will be mailed to the address you enter into the PayPal site and should arrive within a week of registration.



Santa Barbara Cottage Hospital  
400 W. Pueblo St. Santa Barbara, CA 93101

## REGISTER:

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online at: [www.periop-ed.com](http://www.periop-ed.com)

Or detach and mail this form with payment to:  
Zander Perioperative Education  
239 Bradford Hill Rd  
Mills River, NC 28759

Name

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E-mail address

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Phone

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## FEES AND DEADLINES:

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Early Registration fee received by Sept 14 \$175

Regular Registration Fee Sept 15-Oct 7 \$200

Please make checks payable to:  
Zander Perioperative Education

## REFUND POLICY

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Cancellations received in writing up to 14 days prior to class will receive a full refund. A 10% processing fee will be charged for refunds requested less than 14 days prior to class. Cancellation fee will be waived for tuitions transferred to another class. In the rare event that Zander Periop Ed must cancel, Zander Periop Ed's liability is limited to tuition.

Wendy Zander MSN/ED, RN, CNOR  
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803-271-0744  
**Santa Barbara, CA Oct 14, 2023**