

CST EXAM PREP AND REVIEW WORKSHOP

This course is designed to prepare Surgical Technologists to take the CST exam and to demonstrate clinical competence and knowledge of practice standards.

COURSE BENEFITS:

You will learn strategies to help you feel less intimidated. Some simple tricks will help you identify the most likely answer to multiple choice questions even before you consider the content. You will leave with a personal study plan and take five practice tests over the one day course that will help boost your confidence.

This is a straight forward approach to the specific information you will need to successfully complete the CST exam. The content is based on AST recommended standards of practice. This very full day of information is presented in a relaxed, professional atmosphere, delivered with humor and real life events that help you to relate the Recommended Practices to your own practice. You will retain the information for the exam and for years to come. You'll also get 7.75 Contact Hours approved by AST.

ZANDER PERIOPERATIVE EDUCATION

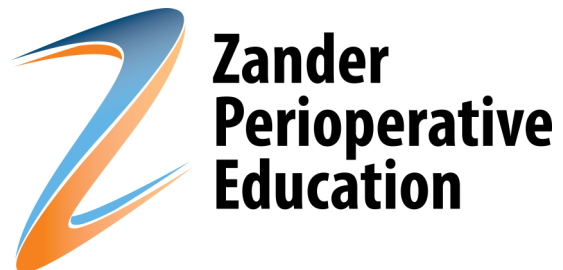
Register online at: www.periop-ed.com

or

Zander Perioperative Education
239 Bradford Hill Rd
Mills River, NC 28759

Email the instructor for information about the course content at: kathy@periop-ed.com

For administrative requests:
Wendy@periop-ed.com



AST no longer approves contact hours for classes intended for non-certified Surgical Technicians. AST approved contact hours can no longer be provided for this course.



PRESENTER:
KATHY PATNAUDE BS, CST,
FAST

Professional Development for Perioperative Staff

CST Preparation and Review Course

Amstutz building Rm 204
Hudson Valley Community College
Main Campus

January 28, 2023

8.0 ANCC Contact hours



Professional Development for Perioperative Staff

CST PREP AND REVIEW COURSE

January 28, 2023

Agenda:

- 7:30-8:00 Registration
- 8:00-8:30 Test taking strategies
- 8:30-9:00 Personal Study Plan
- 9:00-9:30 PreOp Preparation
- 9:30-9:45 Break
- 9:45-11:00 Intraoperative Procedure
- 11:00-11:30 PostOp Period
- 11:30-12:00 Administrative & Personnel duties
- 12:00-12:45 Lunch
- 12:45-1:45 Sterile supplies and equipment
- 1:45-2:45 Basic Anatomy
- 2:45-3:00 Break
- 3:00-4:00 Microbiology
- 4:00-4:15 Pharmacology
- 4:15-5:00 Wound Closure
- 5:00 – 5:15 Course evaluation

*Times are estimated.

The main campus of the college is on Route 4 (Vanderburgh Avenue) Turn into the road closest to the Bruno Stadium (you will see a parking garage). Turn into the road and enter the garage. If you park on the third level of the garage and use the walkway to enter the building, that will bring you into the FTZ (Fitzgibbons building) on the second floor. Once you enter the building walk straight then make a right.....keep going down the hallway and on your right you will eventually see a mens bathroom....make the left hand turn down the hall in front of the mens bathroom....this is the AMZ or Amstutz building....look for room 204 .

This is an interactive course. You will complete five modules and take five practice tests during the one day course. All required hand outs will be provided during class. It is not required for class but I recommend access to a good text book to aid your study. You will learn during class how to focus your study and improve your areas of opportunity. I recommend you schedule your exam the month following The CST Prep and Review Course.



Hudson Valley Community College Main Campus
80 Vanderburgh Avenue
Troy NY 12180

REGISTER:

online at: www.periop-ed.com

Or detach and mail this form with payment to:
Zander Perioperative Education
239 Bradford Hill Rd
Mills River, NC 28759

Name

Phone Number in case of cancellation

E-mail address for invitation to class

Shipping address for materials

Fees and Deadlines:

Early Registration fee received by Dec 28 is **\$150**

Regular Registration Fee Dec 29-Jan 21 is **\$175**

Please make checks payable to:
Zander Perioperative Education

REFUND POLICY

Cancellations received in writing up to 14 days prior to class will receive a full refund. A 10% processing fee will be charged for refunds requested less than 14 days prior to class. Cancellation fee will be waived for tuitions transferred to another class. In the rare event that Zander Periop Ed must cancel, Zander Periop Ed's liability is limited to tuition. Tuition will be reimbursed in full

Email the instructor for information about the course content at: kathy@periop-ed.com

Troy, NY Jan 28, 2023