#### CST EXAM PREP AND REVIEW WORKSHOP

This course is designed to prepare Surgical Technologists to take the CST exam and to demonstrate clinical competence and knowledge of practice standards.

#### COURSE BENEFITS:

You will learn strategies to help you feel less intimidated. Some simple tricks will help you identify the most likely answer to multiple choice questions even before you consider the content. You will leave with a personal study plan and take five practice tests over the one day course that will help boost your confidence. This is a straight forward approach to the specific information you will need to successfully complete the CST exam. The content is based on AST recommended standards of practice This very full day of information is presented in a relaxed, professional atmosphere, delivered with humor and real life events that help you to relate the Recommended Practices to your own practice. You will retain the information for the exam and for years to come. You'll also get 7.75 Contact Hours approved by AST.

#### ZANDER PERIOPERATIVE EDUCATION

PRESENTER:
KATHY PATNAUDE BS, CST,
FAST

**Professional Development for Perioperative Staff** 

Register online at: <a href="www.periop-ed.com">www.periop-ed.com</a>
or
Zander Perioperative Education
162 S. Oak Point Dr
Seneca SC 29627

Email the instructor for information about the course content at: kathy@periop-ed.com

For administrative requests: Wendy@periop-ed.com

# Zander Perioperative Education

AST no longer approves contact hours for classes intended for non-certified Surgical Technicians. AST approved contact hours can no longer be provided for this course.

This continuing nursing education activity was approved by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Approval valid through July 1, 2020

# CST Preparation and Review Course

University Med School building Zadeck Conference Room March 7, 2020
8.0 ANCC Contact hours



**Professional Development for Perioperative Staff** 

# CST PREP AND REVIEW COURSE

## March 7, 2020

## Agenda:

7:30-8:00 Registration

8:00-8:30 Test taking strategies

8:30-9:00 Personal Study Plan

9:00-9:30 PreOp Preparation

9:30-9:45 Break

9:45-11:00 Intraoperative Procedure

11:00-11:30 PostOp Period

11:30-12:00 Administrative & Personnel duties

12:00-12:45 Lunch

12:45-1:45 Sterile supplies and equipment

1:45-2:45 Basic Anatomy

2:45-3:00 Break

3:00-4:00 Microbiology

4:00-4:15 Pharmacology

4:15-5:00 Wound Closure

5:00 - 5:15 Course evaluation

There is a paid parking lot across the street from the hospital next to the Subway with a \$2.00 all day fee Enter into the med school entrance of the hospital. Get on elevator going to ground floor. When you get off the elevator, make a left at the first hallway. Go all the way to the end of that hallway, take a slight left through the double doors through the Wow Café. The next set of double doors is the entrance to the Zadeck conference room.

This is an interactive course. You will complete five modules and take five practice tests during the one day course. All required hand outs will be provided during class. It is not required for class but I recommend access to a good text book to aid your study.

You will learn during class how to focus your study and improve your areas of opportunity. I recommend you schedule your exam the month following The CST Prep and Review Course.



University Med School building Ground floor of the med school Rm.G-221 1501 Kings Hwy, Shreveport, LA 71103

#### **REGISTER:**

online at: www.periop-ed.com

Or detach and mail this form with payment to: Zander Perioperative Education

162 S. Oak Point Dr Seneca SC 29627

Name

Phone Number in case of cancellation

E-mail address for invitation to class

Shipping address for materials

# **Fees and Deadlines:**

Early Registration fee received by Feb 7 is \$150

Regular Registration Fee Feb 8-29 is \$175

Please make checks payable to:

Zander Perioperative Education

#### REFUND POLICY

Cancellations received in writing up to 14 days prior to class will receive a full refund. A 10% processing fee will be charged for refunds requested less than 14 days prior to class. Cancellation fee will be waived for tuitions transferred to another class. In the rare event that Zander Periop Ed must cancel, Zander Periop Ed's liability is limited to tuition.

Email the instructor for information about the course content at: kathy@periop-ed.com

Mach 7, 2020

<sup>\*</sup>Times are estimated.